

Weekly Menu Record

Sponsor	Center		Month	Week	Year
<u>Menu Item</u>	Menu	Menu	Menu	Menu	Menu
Breakfast	Monday Date	Tuesday Date	Wednesday Date	Thursday Date	Friday Date
Milk					
Fruit/Veg./Juice					
Grains					
Grains					
(Must Serve 4 Components)					
A.M. Supplement					
Milk					
Meat/Meat Alternate					
Fruit/Veg./Juice					
Grains					
(Must Serve 2 Components)					
Lunch					
Milk					
Meat/Meat Alternate					
Fruit/Veg.					
Fruit/Veg.					
Grains					
Grains					
(Must Serve 6 Components)					
P.M. Supplement					
Milk					
Meat/Meat Alternate					
Fruit/Veg./Juice					
Grains					
(Must Serve 2 Components)					
Supper					
Milk					
Meat/Meat Alternate					
Fruit/Veg.					
Fruit/Veg.					
Grains					
Grains					
(Must Serve 6 Components)					

Please Refer to the Meal Pattern for Adults for More Information.